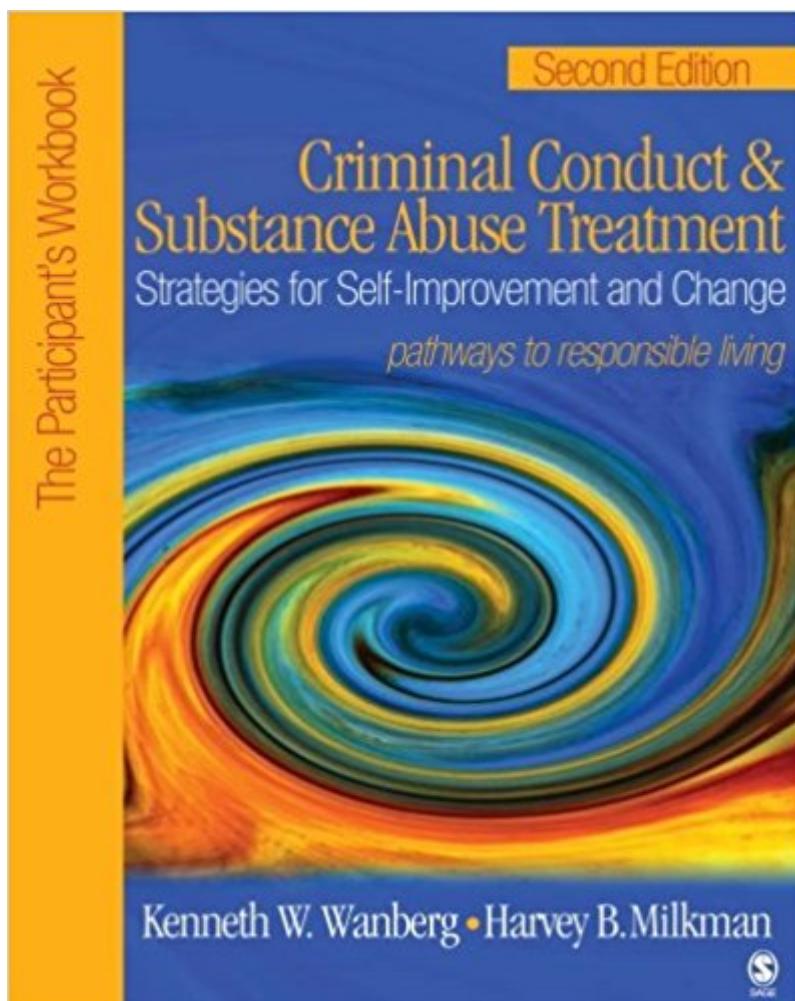


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# **Criminal Conduct And Substance Abuse Treatment: Strategies For Self-Improvement And Change, Pathways To Responsible Living: The Participant's Workbook**





## **Synopsis**

The accompanying Participantâ s Workbook to the SSC is written to engage clients and encourage active participation in treatment and responsible living. Phase I: Challenge to Change: Building Knowledge and Skills for Responsible Living Phase II: Commitment to Change: Strengthening Skills for Self-Improvement, Change, and Responsible Living Phase III: Taking Ownership of Change: Lifestyle Balance and Healthy Living

## **Book Information**

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## **Customer Reviews**

Kenneth W. Wanberg, ThD, PhD, has academic concentrations in biology, mathematics, clinical psychology, psychology of religion, psychometrics, quantitative analysis, and interpersonal communication and the psychology of spoken language. He worked as a counselor and clinical psychologist with the Division of Youth Corrections, State of Colorado for 17 years. He has been doing clinical work for 50 years and has had a private practice for 40 years. He has worked as a clinician and researcher in the field of alcohol and drug abuse for over 40 years and in the field of criminal conduct and substance abuse for over 25 years. Harvey B. Milkman, PhD received his baccalaureate degree from City College of New York and his doctorate from Michigan State University. He is currently professor of psychology at Metropolitan State College of Denver. His doctoral research was conducted with William Frosch, MD, at Bellevue Psychiatric Hospital in New York City, on the Userâ TMs Drug of Choice. From 1980â 1981, he completed a sabbatical exploration of addictive behavior in Africa, India, and Southeast Asia; in 1985 he was recipient of a

Fulbright-Hays Lectureship award at the National University of Malaysia. He has represented the United States Information Agency as a consultant and featured speaker in Australia, Brazil, Iceland, The Netherlands, Peru, Turkey, and Yugoslavia. He is principle author with Stanley Sunderwirth of "The Chemistry of Craving," and author of "Better than Dope," featured articles in *Psychology Today*, October, 1983 and April, 2001 respectively. From September 1992-June 2002, he was author, principal investigator, and director of Project Self-Discovery: Artistic Alternatives for High-Risk Youth, a national demonstration model funded by The Center for Substance Abuse Prevention and the Edward Byrne Foundation.

Personally I'm reading the book for a court program I'm in, to help with my addiction. If you apply what you learn in the book, it's exceptionally helpful. So far as the sender: Book showed up exactly on time, perfect condition.

Good info for early recovery groups. I like the criminal thinking concept that is incorporated.

Ordered it for class. Very usefull learning tool. Insightful into the criminal thinking process.

Dr. Milkman has written a book which I used to create an entire outpatient program for clients referred by the criminal justice system. Thank you

I use these books to guide my work with offenders and they and I really find them very useful and relevant.

I have thus far been pleased with my orders. I do recommend you order from this shipper.

I used this for book with substance abuse patients. It has a lot of relevant exercises. Very handy to have. Worth buying.

Whether you're dealing with addiction, depression, or just looking for ways to improve your decision-making and outlook on life, this book can help. It's a workbook that's meant to be used one or two times a week either with a group or alone. The exercises help you apply the cognitive-behavior process of learning and change to your daily life and addictive behaviors. You'll examine how external events trigger your emotions, thoughts, and behaviors based on your

attitudes, values, and beliefs. Whether you subscribe to 12-step programs or not, this method can help you.

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